

Hope through Research

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), through its Division of Kidney, Urologic, and Hematologic Diseases, supports several programs and studies devoted to improving treatment for people with permanent kidney failure. For example, the Hypertension in Hemodialysis Patients study, funded under National Institutes of Health (NIH) clinical trial number NCT00582114, is testing the theory that treating hemodialysis patients with the blood pressure medicine lisinopril will be more effective in preventing heart enlargement when compared with treatment that uses another blood pressure medicine called atenolol, even when the two medicines achieve the same blood pressure goals.

Clinical trials are research studies involving people. Clinical trials look at safe and effective new ways to prevent, detect, or treat disease. Researchers also use clinical trials to look at other aspects of care, such as improving the quality of life for people with chronic illnesses. To learn more about clinical trials, why they matter, and how to participate, visit the NIH Clinical Research Trials and You website at www.nih.gov/health/clinicaltrials. For information about current studies, visit www.ClinicalTrials.gov.